



MESSAGE FROM OUR PRINCIPAL

Dear HongDe Families,

As the school year draws to a close, we want to thank you for trusting us to care for your children and in partnership with you, provide them with educational opportunities. It has been a pleasure to work with them and we deeply appreciate your support.

Reading is Central to School Success

It is often said that children spend the first three years in school learning to read and the rest of their school life, reading to learn.

Researchers often talk about the “summer slide” or “summer learning loss”. Children can lose up to a year in reading ability over the summer if they don’t read regularly. Here are some ways that you can encourage reading.

1. **Read yourself.** Your actions really do speak louder than your words. When your children see you reading and curling up with a book, they will want to follow your example.
2. **Make sure that your children read every day.** Reading, like shooting baskets and playing the piano, is a skill. Like other skills, it gets better with practice. Researchers have found that children who spend at least 30 minutes a day reading for fun - whether they read books, newspapers, or magazines - develop the skills to be better readers at school.
3. **Get the library habit.** Make sure that everyone in your family has a library card. Schedule regular trips to the library. While you are there, check out a book for yourself! Many libraries offer summer programs and events to help support reading over the summer.
4. **Read aloud to the children.** Research shows that this is the very best thing that parents can do to help their children become better readers. Here are some tips:
 - a. Start reading to your children when they are young. It is never too early to begin reading to your children.
 - b. Don’t stop reading to your children as they get older. You will both enjoy the time together.
 - c. Set aside some time each day for reading aloud. Even 10 minutes per day can have a big impact. Bedtime is a natural time for reading aloud but it could happen at breakfast or dinner.
 - d. Read books that you enjoy.
5. **Give Books as a Gift.** Then find a special place for your children to keep their own library.
6. **Make Reading a Privilege.** Say, “You can stay up 15 minutes later tonight if you read in bed. Or, “because you helped with dishes tonight, I am going to read you an extra story.
7. **If you are not a good reader, you can still encourage your children.** As your children learn to read, ask them to read to you. Talk about the books that your children have read.

Enjoy the Summer

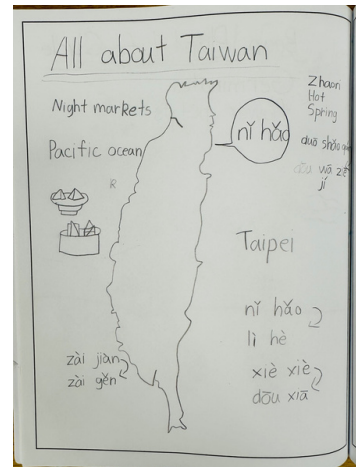
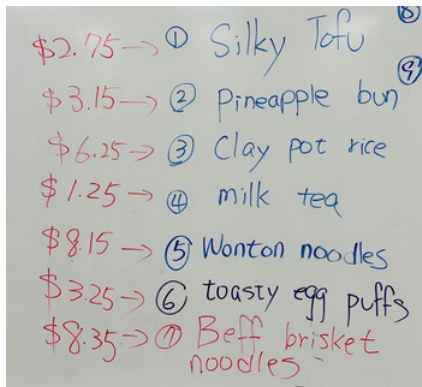
Summer can be challenging for working parents. We hope that you will be able to have some holiday and rest time as a family. Our best wishes to you.

Warm regards,

Rinda Spruston

May is Asian Heritage Month in Canada, and this year's theme is "Stories of Determination," which aligns with one of our school's virtues. In Ms. Chiu's K/1 classroom, students learn about the food, cultures, animals, weather patterns, and geography of China, Hong Kong, Taiwan and Russia - where their ancestors or parents originated from. They were also introduced to Adrienne Clarkson who served as the 26th Governor General of Canada. May serves as a reminder for all Canadians to unite against anti-Asian racism and discrimination in any form.

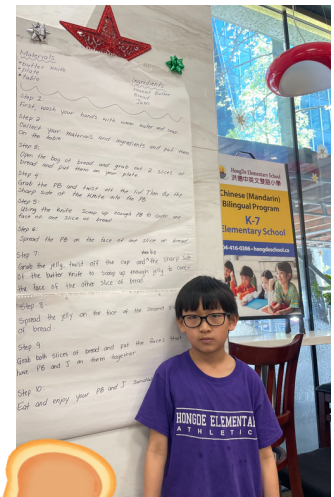
Grade K/1 – Ms. Chiu



Grade 2/3 – Ms. Sanfilippo



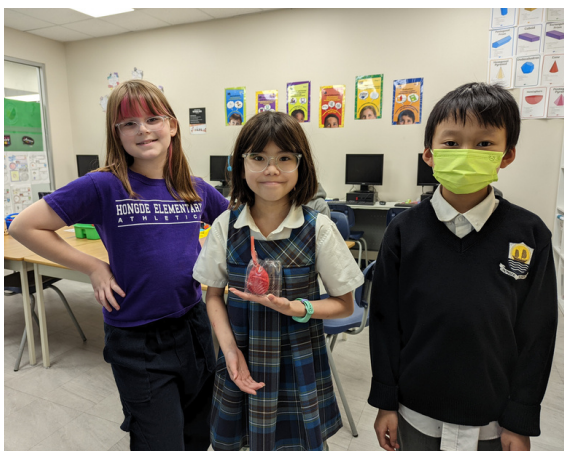
The Grade 2/3s have worked hard this year and are excited to wrap up their final month before enjoying their well-deserved summer break. In ELA, they will review and demonstrate their learning through a range of spelling, grammar, and punctuation activities, allowing them to evaluate their understanding of their yearly learning targets. In Math, the students will be introduced to multiplication and division, where they will use their prior knowledge and different problem-solving strategies to solve a range of concrete and worded problems. Our final Science unit will focus on the water cycle and the importance of how to conserve water effectively.





Grade 4/5 – Mr. Treacy

The grade 4/5s are looking forward to having some fun for the end of the school year! The great weather has let us go outside to do some reading and also have some fun PHE classes at the park. In ELA, we will be doing our final novel of the year 'Holes' for June. We also had great fun last month practicing our persuasive writing. In math, we will be moving onto money, probability and area and perimeter to finish off the year. The kids have been learning about time recently and I encourage parents to practice this with them at home.

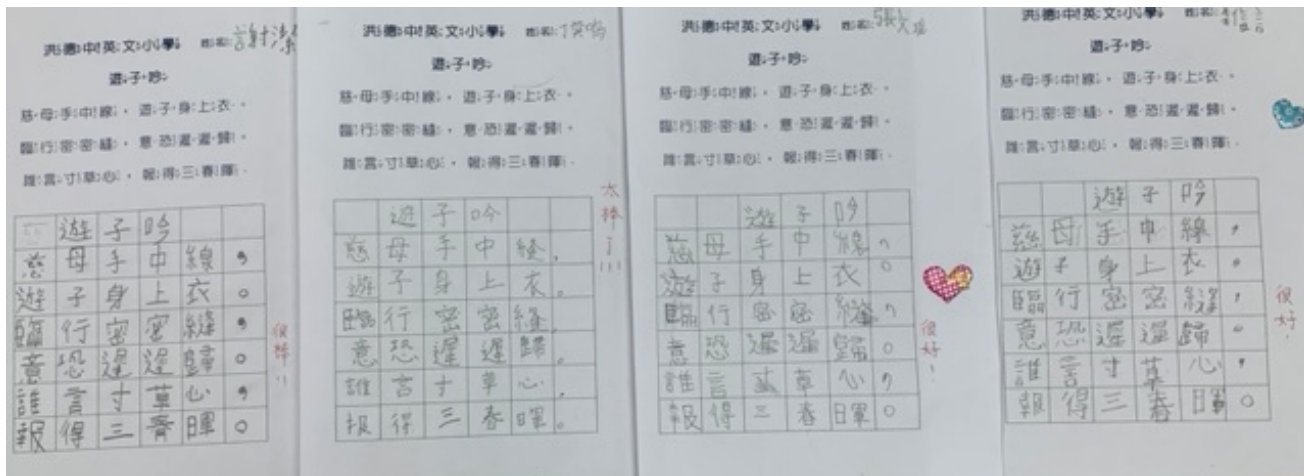


Social studies has been a deeply thought-provoking area as we have looked at the First Nations people in Canada and what we can do to ensure that they are treated fairly in our society. Also, we enjoyed the field trip to Granville Island very much! Finally, I just wanted to thank the Hong De school community for welcoming me and giving me the opportunity to work with these lovely kids. It has been a great few months and I hope you all have a lovely summer break. Best wishes from Mr. Treacy and the grade 4/5s!

Mandarin – Ms. Chang

We had a warm month of May. Our students expressed their gratitude to their parents and teachers by performing poems and songs on the Mother's Day event.

June 22 is the traditional Chinese Dragon Boat Festival, we will be learning various activities, such as Dragon Boat racing (賽龍舟), Wrapping Zongzi (包粽子), Nursery Rhyme: Counting Sachets (兒歌：數香包), Five Colours String (五彩繩) and Celebrating the Dragon boat Festival: Song of the Dragon (慶端午：端午節之歌) etc.



Mandarin Learning includes dialogues, vocabulary, Chinese characters, origins of Chinese characters, and grammatical structures, as well as task-based activities, games, and pronunciation review. The Language focuses on the practical, authentic, and the functional aspects, therefore students can use what they have learned in everyday life.



JUNE 2023 SCHOOL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 International Children's Day and Global Day of Parents	2	3
4 Canadian Armed Forces Day	5	6	7	8	9	10
11	12	13	14	15	16 Report Cards	17
18 Father's Day	19	20	21	22 Dragon Boat Festival	23 Parents/ Teachers Phone meeting	24
25	26	27	28	29 Rainbow Park	30 Administration Day	

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Monday to Friday
8:00am to 4:30pm

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Please like and follow our social media pages!

Facebook Page: [@HongDeSchool](#)

Facebook Parents Private group

Instagram: [@hongdeelementaryschool](#)

Linkedin: [@HongDe School](#)



HongDe Elementary School
洪德中英文雙語小學

School Lunch Program

Mon



Each Slice \$3.85

Cheese Pizza

Hawaiian Pizza

Pepperoni Pizza

Veggie Pizza

Tue



6" \$5.10 / 12" \$9.10

Ham Sub

Turkey & Ham Sub

Turkey Sub

Veggie Sub

6" \$6.35

Gluten Free Ham Sub

Gluten Free Pepperoni Sub

Gluten Free Turkey & Ham Sub

Gluten Free Turkey Sub

Gluten Free Veggie Sub

Wed



\$7.85

Caesar Wrap (Veggie)

Caesar Wrap with Chicken

Cheesy Chicken Pocket

Power Bowl (Veggie)

Power Bowl with Chicken

Super Kids Salad (Veggie)

Super Kids Salad with Chicken

\$8.20

Mixed Berry Smoothie

Strawberry Banana Smoothie

Tropical Mango Smoothie

Thu & Fri



S(小)\$7 / M(中)\$9 / L(大)\$11

無敵滷肉飯

Minced Pork Rice with Egg

香腸滷肉飯

Minced Pork Rice with Sausage and Egg

台式香腸飯

Taiwanese Sausage on Rice

老滷控肉飯

Pork Belly on Rice

天香排骨飯

Fried Pork on Rice

日式咖哩雞飯

Japanese Curry Chicken on Rice

日式咖哩魚蛋飯

Japanese Curry Fish ball on Rice

牛肉乾拌麵

Stewed Beef on Dry Noodle

牛肉拌飯

Stewed Beef on Rice

Fri



\$6.95

Lean 'n Mean Turkey Wrap

Hearty Ham 'n Cheese Wrap

Hawaiian Pizza Party Wrap

Garden Party Wrap

240ml \$5.70 / 355ml \$6.95

Strawberry Smoothie

Mango Mania Smoothie

Berry Blossom Smoothie

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Memories of our first field trip



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